



Spinnaker Yacht Club

P.O. Box 1561

San Leandro, CA 94577-1450

Phone: 510-351-7905

Fax: 510-351-1450

Welcome to Spinnaker Yacht Club Junior Sailing 2010!

The following pages describe the camp information regarding what to wear, what to bring and what to expect. Full Payment, SYC Liability Waivers & Medical Form/Waivers (THREE THINGS!) are due June 4th, to secure your space! Please mail payments to: Spinnaker Yacht Club, C/O Dave Foster /Junior Sailing, 75 Pescadore Point Drive, San Leandro, CA 94577

What should we be ready for?

A full day of ON, IN (swimming) and AROUND the water FUN! We will learn to rig & launch both dinghies (Dewitts & JY's) and maybe even a Keelboat. You'll master steering and controlling the sails with morning and afternoon sessions on the water. Sailors typically have about a 35-45 minutes supervised lunch break on land. We'll sail around Spinnaker Yacht Harbor and into San Leandro Marina Cove.

What do we wear?

- Closed-toe shoes that can get wet, like a pair of old sneakers (Rafting or other water shoes are great, NO FLIP-FLOPS)
- T-Shirt or sun-protective shirt
- Board Shorts/Bathing suit (for girls especially – underneath clothes)
- Hat with retainer clip
- Sunblock (Most effective if first application is before you are in the sun!)
- Retainer strings for eyeglasses

What do we bring?

- A backpack or duffel bag with:
 - Bag lunch
 - Sunblock
 - Towel (everyday!)
 - Dry Clothes (everyday!)
 - Windbreaker & Fleece Jacket (especially if the weather's looking cool & damp)

If the weather report calls for cool temps and/or rain, send your child with some extra warm clothes. Remember, it feels 10 degrees colder on the water! Do not bring/wear anything valuable that you would not want to lose overboard!



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Drop-off, Pick-up Instructions:

Sailing Camp Drop-off/Pick-up will take place in front of the Spinnaker Yacht Club house ALL guest must sign before entering the club house.

DROP OFF: 8:45 – 9:00 am

PICK UP: 3:00 – 3:15 pm

Parents/Guardian must sign students in at the beginning, and sign out students at the end of each class session.

Thank You!

Dave Foster

Director of Junior Sailing

925-862-2587

DURING CAMP HOURS: 510-351-7905



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Waiver & Medical Form

Child's Name: _____ Session(s) Attending: _____

Home Phone: _____ Age/Grade: _____ Date of Birth: _____

Address: _____ City: _____ State: _____ Zip: _____

Parent/Guardian Name: _____ Work Phone: _____ Cell Phone: _____

Secondary Contact: _____ Phone: _____

Child's Doctor _____ Doctor's Phone _____

Environmental Allergies (bee stings, pollen, etc.) _____

Medicinal Allergies (penicillin, etc) _____

Current Medical Conditions _____

Current Medications _____

Date of last Tetanus Shot (approximate) _____

Medical Insurance Provider _____ Policy # _____

Name of Insured _____

Preferred Hospital _____ City _____

I hereby authorized the staff of the Spinnaker Yacht Club to act for me according to their best judgment in any emergency requiring medical attention, and I hereby waive and release the camp for any and all liability for any physical injuries or illnesses while at camp. I have no knowledge of any physical impairment that would be affected by the camper's participation in the camp program as outlined. My signature on this waiver also states that the above named camper is covered by my personal medical insurance policy.

Signature: _____ Date: _____

Printed Name: _____

Swim Test:

All Applicants are required to pass a swimming test by swimming 50 feet and tread water for five minutes. A signature of someone who has witnessed the test is required prior to acceptance into the Program.

Swim test witness signature: _____ Date: _____



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RELEASE OF LIABILITY, ASSUMPTION OF RISK, AGREEMENT TO INDEMNIFY AND NOT TO SUE FOR MINORS PARTICIPATING IN SPINNAKER YACHT CLUB ON THE WATER ACTIVITIES

I hereby give my consent for the below named minor to participate in the Junior Sailing Program and Community Open Boat Days at Spinnaker Yacht Club during the 2010 Season.

I understand that the minor's voluntary participation in the SYC Sailing Program involves potential risks of injury, both serious and minor, including but not limited to head or other injuries, loss of sight, broken bones, brain damage, paralysis and death.

Individually, and as parent or legal guardian of the minor, I hereby certify that I know the minor's state of health and well-being and that the minor is physically fit to participate in the SYC Program and that I am unaware of any medical condition which might make the minor's participation inadvisable.

Individually, and as parent or legal guardian of the minor, I hereby acknowledge my responsibility to acquire health insurance coverage sufficient to provide for any and all medical or dental services related to injuries, both serious and minor, arising out of or connected with the minor's voluntary participation in the SYC Sailing Program.

Individually, and as parent or legal guardian of the minor, I expressly assume any and all risks of injury and/or death associated with, arising out of or related to the minor's voluntary participation in the SYC Program at Spinnaker Yacht Club.

Recognizing and understanding the potential risks of injury, I, individually, and as parent or legal guardian of the minor, agree not to sue and to defend and indemnify Spinnaker Yacht Club, its Board of Directors, officers, agents, employees, servants, students and volunteers for any loss, damage or injury associated with, arising out of or related to the minor's voluntary participation in the SYC Sailing Program regardless of cause, including negligence.

Individually, and as parent or legal guardian of the minor, I hereby release and discharge Spinnaker Yacht Club, its Board of Directors, officers, agents, employees, servants, students and volunteers, who through negligence or carelessness, might otherwise be liable to me, the minor, our heirs, personal representatives, relatives or assigns from any and all liability associated with, arising out of, or related to the minor's participation in the SYC Program including all liabilities associated with and any and all claims that may be filed on behalf of or for the named minor.

Individually, and as parent or legal guardian of the minor, I agree that this release of liability, assumption of risk, agreement to indemnify and not to sue is to be as broad and inclusive as is permitted by the laws of the State of California and that if any portion of it is held invalid it is agreed that the balance shall continue in full force and effect. I understand that by signing this document this release of liability, assumption of risk, agreement to indemnify and not to sue, is legally binding on me, the minor, our heirs, personal representatives, relatives and assigns and that I am knowingly and intentionally giving up both my and the minor's legal rights and remedies which otherwise would be available to me and/or the minor, our heirs, personal representatives, relatives or assigns against Spinnaker Yacht Club, its Board of Directors, officers, agents, employees, servants, students and volunteers.

I have carefully read this release of liability, assumption of risk, agreement to indemnify and not to sue and fully understand it. I have explained the significance of this release of liability, assumption of risk, agreement to indemnify and not to sue to the minor.

Please initial to indicate whether you are the parent or legal guardian of the minor.

Parent Legal Guardian



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Print Minor's Name

Parent or Legal Guardian's Signature

Print Name of Parent or Legal Guardian

Address

Telephone Number

Date: _____

Photography Consent Form

I hereby grant full permission to the Spinnaker Yacht Club to use my child's photograph and name (if necessary) in any publication or advertising materials (printed or electronic). This consent also serves to waive all rights of privacy or compensation which I may have in connection with the use of my photograph and/or name or my child's photograph and/or name.

Name

Relationship To Child (if applicable)

Child's Name

Signature

Phone Number